

Huddle Health Check



Huddles are the core way of growing in and living out our faith in Jesus together at Red Church.

They act as a vehicle for you to grow as a disciple of Jesus alongside others. While we suggest Huddles are made up of four people of the same sex, gathering once a week, they can take on the form and rhythm that is needed to enable flourishing.

PRINCIPLES

All Huddles at Red are centred around these principles:

Abide with Jesus

Be renewed by Jesus

Go with Jesus

The Principles

Abiding with Jesus is about knowing who you are and whose you are. If you profess that Jesus is Lord of your life, then you have been adopted into God's family - you are now a son or daughter of God, and He is your Father. The ever-increasing knowledge of this gives us a place to rest and come home to. God loves to draw us close by ushering us into His presence and in that place, renews us.

Being renewed by Jesus is stepping into the truth that because you are His, your "old-self" is dead and you are a new creation, a new-man. Paul instructs us to put on the new self and to be transformed by the renewing of our minds that we would be like Christ. This means we must allow the power of God's word into our lives so we can die to the parts of us that aren't like Christ.

Going with Jesus is part of the fruit of this good work happening within us; when we know who we are and whose we are; when our whole-selves are being renewed into Christ's likeness - we are witnesses to Jesus, and we can't help but go with Jesus in His mission in the world. We get to share that good news with others. This happens in our everyday circumstances with those around us, but it may also be to those on the other side of the world who don't know Him yet. This may be in the small acts of kindness to a stranger or by partnering with Jesus as He reveals Himself to someone. We step into this by listening and obediently going.

With these principles in mind, the invitation is to shift our defaults and focus from ourselves, our opinions, consuming more information or some washed-down version of community – to Jesus Christ. When we gather in our Huddles, He is there with us and it is powerful for us to turn our heart's attention to Him. Through the Holy Spirit and His living Word, the Bible, He wants to speak to us and show us more of who He is through each other. As you continue to do this, you will find yourself being shaped to encourage, bless and lead others not in your strength, but through the power of the Holy Spirit.

So, we encourage you to stay the course. Continue to meet together and encourage one another. Continue to listen to God's voice and walk obediently with Him.

To help you do this, we have our **Huddle Health Check** questions which are designed to help you and your Huddle keep in step with how God wants to work in your time together. You may want to sit and reflect personally on these questions first before you Huddle.

You may want to spread these questions out over a couple of weeks rather than quickly rush through them. Whatever you decide, may you find alignment with God as you continue your journey together.

Abide with Jesus

HEALTH CHECK ONE

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How do you prioritise Abiding with Jesus in your time together as a Huddle?

e.g. We don't make time. We spend 1-2 minutes in silence. We spend too much time.

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Go to the pages on Home & Usher in the Huddle guide, how is the Holy Spirit leading you to Abide deeper together?

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Gal 2:20

If you profess Jesus as Lord of your life and knowing that you've been crucified with Christ, what would it look like to intentionally encourage one another to live into the fullness of their identity as a new man or woman?

Be renewed by Jesus

HEALTH CHECK TWO

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How do you approach the Bible? Do you find your heart and mind being renewed by it?

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Go to the pages Dig & Discern in the Huddle Guide. When we read scripture, how many times do we read it?

e.g. We don't read scripture. We read it once. We read it multiple times.

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Using the elements of Dig & Discern, how is the Holy Spirit leading you to be renewed?

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John 4:23

If the types of worshipers God is looking for are those who worship in the Spirit and in truth, in what ways can you spend your time together as a Huddle stepping into this? What are the growth opportunities? What are the encouragements?

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Does the word of God hold greater authority for speaking into each other's lives than your own experience or opinion? If your default is the latter, how could you shift this?

Go with Jesus

HEALTH CHECK THREE

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Do you allow listening prayer to shape and show you the invitation from Jesus to be His Church?

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Using the elements of Listen & Everyday in the Huddle Guide, how or where is the Holy Spirit leading you to go?

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Considering the quote below, take a moment to evaluate your discipleship posture for yourself and as a Huddle. Does the way you spend time together result in the type of Spirit-filled, Jesus-led transformation that releases you to Go?

As we abide with Jesus and are renewed by Jesus, we must go with Jesus. Because if we're not going, we're not really abiding and not really being renewed.

MARK SAYERS



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